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## **CURRICULUM VITAE**

### **EDUCATION**

*Ph.D., Clinical Psychology*, California Institute of Integral Studies, San Francisco, CA, 1991

*Graduate Certificate, Pastoral Psychotherapy*, University of Puget Sound, Tacoma, WA, 1982

*Master of Religious Education*, Seattle University, Seattle, WA, 1981

*M.A., Counseling Education*, University of Alabama in Birmingham, Birmingham, AL, 1976

*B.A., Cultural Anthropology*, University of Notre Dame du lac, Notre Dame, IN, 1974

*Jungian and Sandplay Studies*, 1973 - Current; month intensive with Dora M. Kalff – Jungian analyst & originator of Sandplay, Zollikon, Switzerland, August 1989

*Psychosynthesis Certificate*, Psychosynthesis Training Institute, San Francisco, CA, Two year training, 1986-1988

### **LICENSE**

*Professional Mental Health Counselor*  
New Mexico LPC # 0075951, 2002-Current

*New Mexico Continuing Education Provider*,  
# 077681, 2004-2010

*Marriage and Family Therapist*,  
California MFT #29273; 1992-2003 active;  
2003-inactive

*California Continuing Education Provider*,  
PCE #1164; 1998-2002

## EXPERIENCE

**Keynote Address**, *Episcopal Clergy Retreat*, Diocese of California, 2014; *New Zealand, Spiritual Directors National Conference*, 2011; *Australia Spiritual Directors National Conference* 2011; *Episcopal Clergy Retreat*, Diocese of Maryland, 2010; *Spiritual Directors International*, International Conference, 2010; *Sandplay Therapists of America*, National Conference, 2008; *American Art Therapy Association*, International Conference, 2007

**The Shift Network**, “Four Paths of Transformation” Jan-March 2022; “The 13 Days of Celtic Christmas” Nov-Dec 2022.

**Retreat/Conference Presenter worldwide**, 1976-Current

**Camino & Pilgrimage Mentor**, 2015-Current

**Psychotherapist, private practice**, 1982-2011

**Consultant/Supervisor, psychotherapy**, 1993-Current

**Spiritual Director**, 1978-Current

**Consultant for Spiritual Directors**, 1992 – Current

**Gateway to Oneness: Reimagining Us as Christians**, composed text of Cosmic Easter, chant and rituals; prepare presiding team and assembly, lead eight-day retreat, United States, Spain, New Zealand, Australia, 1986-Current

**Quadratos Seasonal Community**, formed and led communities in New Zealand 2014-2015; Australia, 2015 – Current

**Blue Door Retreat, Santa Fe, NM**, led twice weekly Lectio Divina meditation communities, 2001- 2010; co-led annual Late Winter Myth Seminar, 2005-2011

**Commencement Address**, Southwestern College, 2003

**Adjunct Faculty**, *The Living Well Center*, Melbourne, Australia; *Mercy Spirituality Centre*, Auckland, NZ; *School of Spiritual Direction Pecos Benedictine Monastery*, Pecos, NM; *Canossian Sabbatical Program*, Albuquerque, NM; *Sangre de Cristo Sabbatical Program*, Tesuque, NM; *University of San Francisco*, San Francisco, CA; *Institute of Imaginal Studies*, Petaluma, CA;

EXPERIENCE

**Adjunct Faculty** John F. Kennedy University, Orinda, CA;  
California Institute of Integral Studies, San Francisco, CA, Pacific  
Graduate Institute, Santa Barbara, CA; Southwestern College, Santa  
Fe, NM; College of Santa Fe, Santa Fe, NM, 1988-2010

**Liturgist**, Presider of Marriages & Funerals, 1986-current; La Casa  
de Maria Retreat Center, Montecito, CA, 2006-2010; Blue Door  
Retreat, Santa Fe, NM, 2001-2010; Christ the King Passionist  
Retreat Center, Citrus Heights, CA, 1997-2000

**Spiritual Life Institute, Sacramento, CA, Faculty and  
Ritualist**, led a weekly, year-long, small community  
reflection/prayer using Sunday lectionary, 1997-2000

**Deaconate Formation, Diocese of Sacramento, CA,  
Faculty**, Sacramental/Initiatory Theology, Cultural/Ethnic  
Diversity, Pastoral Counseling, 1998-2000

**Conference Committee/Chair**, Third Annual Sandplay Intensive,  
1999; Fourth National Conference of Sandplay Therapists of America,  
1997; On the Masculine, (International psychological  
conference addressing new aspects of masculine  
development) 1994

**Director of Adult Education/Initiation**, Diocese of San  
Bernardino CA, 1978-1980; Parishes: St. Peter,  
Birmingham, AL; St. Francis, Seattle, WA; St. Luke,  
Seattle, WA; St. Anselm, Madisonville, LA; St. Leander,  
San Leandro, CA, 1976-1988

**Clinical Intern, Center for Special Problems**, Forensic  
Agency, San Francisco County, CA, 1988-1989

**Chaplain Intern, San Francisco General Hospital,  
AIDS Ward**, San Francisco, CA, 1988

**Straling Leadership Institute, Founding Board Member  
and Faculty**, Diocese of San Bernardino, CA, 1978-1980

## ASSOCIATIONS

***International Society for Sandplay Therapy,***  
*Certified Sandplay Therapist & Teaching Member, 1993-Current*

***Sandplay Therapists of America,*** *Certified Sandplay Therapist  
& Teaching Member, 1993-Current; Board of Directors, 1996-1998*

***Spiritual Directors International,*** *Member,*  
*1994-2016*

***Northern California Sandplay Society,*** *Founding  
Member 1990-2000; President, 1995-1997*

***California Association of Marriage and Family  
Therapists,*** *Clinical Member, 1992-2004*

## QUALIFICATIONS

*Founder & Animator of Quadratos – term and concept of a universal,  
sequential and ever repeating cycle of four paths comprising the journey of  
spirit and transformation described by spiritual traditions and schools of  
psychology*

*Internationally recognized presenter: integrating spirituality, spiritual  
practice, creativity, art and depth psychology*

*Master teacher: scripture, ritual, pilgrimage, spiritual journey,  
meditation, prayer, creativity, Sandplay and Jungian psychology*

*Specialist in psycho-mythic bases of liturgy and ritual, including  
initiatory rites, rites of passage and community transformation*

## BROADCASTS

**Weekly Gospel Reflection & Prayer via Zoom,** May 2020  
- current

**The Hidden Power of the Gospels,** interview with Justine  
Willis & Michael Toms, *New Dimensions Radio*, June 2010

**Beyond the Gospels, Jesus Re-visited,** interview with  
Michael Toms, *New Dimensions Radio*, June 2007

**As You Think,** *The Catholic Channel*, Sirius Satellite Radio,  
Channel 159, monthly hour-long conversation with host, Fr.  
Paul Keenan, 2007-2008

**On the Gospels,** *KSMH, AM 1620*, Sacramento,  
CA, weekly half-hour program, 2000–2002

## PODCASTS

[www.quadratos.org/interviews/](http://www.quadratos.org/interviews/) (for complete list)

**Robcast**, hour-long conversations with Rob Bell, December 2019, December 2018, December 2017, January 2017, December 2015, September 2015 & May 2015

**You Made It Weird**, hour conversation with Pete Holmes, June 17, 2015

**The Deconstructionists**, November 2019, December 2017, March 2017, July 2016, March 2016

**The All Terrain**, April 2020, February 2020, January 2020

**Nomad**, August 2019

## WEBCASTS

**Quadratos Gospel Reflection & Prayer, Weekly Hour via Zoom and by recording**, with Annie Sempill by subscription, April 2020 – current.

**The Hidden Power of the Gospels**, hour interview with Deryl Davis, *The Sunday Forum*, National Cathedral, DC, February 2010 (live broadcast, available online)

**Beyond the Biography of Jesus**, hour interview with dean and author Alan Jones, *The Forum*, Grace Cathedral, San Francisco, CA, March 2008 (live broadcast, available online)

## BOOKS

[www.quadratos.org/books/](http://www.quadratos.org/books/)

**Radical Transformation: The Four-Gospel Journey of Heart and Mind**, hardback with Michelle Gaugy (collaborator), Shaia-Sophia House Publishing, 2020, available only through quadratos.org

**Heart and Mind: The Four-Gospel Journey for Radical Transformation, Third Edition**, (paperback & Kindle) with Michelle Gaugy (collaborator), Amazon 2021

**Heart and Mind Circle: Convener Text, 2023**  
available through quadratos.org

**BOOKS**

**The 13 Days of Christmas, Celebrating the Wonder & Awe of Birth**, TBA 2024

**Returning From Camino, 2nd Edition**, English Print & Kindle, Amazon 2018; Spanish, German Print, Amazon 2018

**Heart and Mind: The Four-Gospel Journey for Radical Transformation**, with Michelle Gaugy (collaborator), Morning Star Publishing, Melbourne, AU, 2013

**The Hidden Power of the Gospels: Four Questions, Four Paths, One Journey**, with Michelle Gaugy (collaborator), HarperOne, San Francisco, CA, 2010

**Beyond the Biography of Jesus: The Journey of Quadratos, Book II**, Cold Tree Press, Nashville, TN, 2008

**Beyond the Biography of Jesus: The Journey of Quadratos, Book I**, Cold Tree Press, Nashville, TN, 2006

**Images in the Sand: The Initial Sandworlds of Men Molested as Children**. Dissertation. *California Institute of Integral Studies*, San Francisco, CA, September, 1991

**FILM**

**The Four-Gospel Journey, Six Film Set**, produced by Alexander John Shaia & The Work of The People, 2019  
[www.quadratos.org/alexander-john/film-and-videos/](http://www.quadratos.org/alexander-john/film-and-videos/)

**PUBLICATIONS**

[www.quadratos.org/books/](http://www.quadratos.org/books/)

**Gateway to Oneness: The 72 Hours of Easter for All Creation**, 2023 available through  
[www.quadratos.org/communities/easter/](http://www.quadratos.org/communities/easter/)

**The Four-Gospel Journey as A Guide for the Spiritual Life**. *Now You Know Media*, CD/Mp3 audio course, August 2010

PUBLICATIONS

**Sandplay in Spiritual Direction: Beyond Insight and Centering.** *Presence: The Journal of Spiritual Directors International*, Vol. IX, Number 2, June 2002

**Sandplay's Unitive View.** *Journal of Sandplay Therapy*, Vol. X, Number 2, 2001

**Jungian Theory for Sandplay Therapists.** *Northern California Sandplay Society Newsletter*, Winter 1997

**A Change in Season: The Renewed Masculine.** *Journal of Sandplay Therapy*, Vol. IV, Number 1, Winter 1994

**Beyond Words: Soul Making in the Sand.** *Recovering Life*, Vol. V, No.7, Palm Desert, CA, July 1994

**Soul Making, Power and the Sand.** *Power and Love: Articles from the Fourth Annual Professional Conference for New Directions in Male Psychology*, Spring 1994

**You Have Already Volunteered.** (Baptismal Spirituality), *Credence Cassettes*, Kansas City, MO, 1992

**The Cry of Lent, Make Us One.** (Spirituality of the Great 100 Days), *Credence Cassettes*, Kansas City, MO, 1992

**The Masculine Arising?** *Northern California Sandplay Society Newsletter*, Summer 1992

**When Men Are Missing.** *Northern California Sandplay Society Newsletter*, Spring 1992

**Images in the Sand: The Initial Sandworlds of Men Molested as Children.** Dissertation. *California Institute of Integral Studies*, San Francisco, CA, September, 1991

**A Triduum Retreat.** *Today's Parish*. January, 1988

**Breaking Open The Word of God, Cycle B.** Contributing author. *Paulist Press*, 1987

**Once Upon a Lent.** *Christian Initiation Resources*, Vol. 1. Contributing author. Sadlier Publishers, 1981

## GRADUATE TEACHING

### DOCTORAL

**Institute of Imaginal Studies, Petaluma, CA**  
Department of Clinical Psychology

***Psychology and Religion,***  
1997, 1998, 1999, 2000

***Sandplay Psychotherapy I,***  
1998, 1999, 2000

***Sandplay Psychotherapy II,***  
1999, 2000

***Craft of Psychotherapy III, Counter-transference***  
1996

**California Institute of Integral Studies, San Francisco, CA,**  
Departments of Clinical Psychology; Psychology and Religion

***Dissertation Committees,***  
1997 - 2000

**Pacifica Graduate Institute, Santa Barbara, CA**  
Departments of Clinical Psychology; Mythological Studies

***Dissertation Committees,***  
2003—2005, 2014—2015

**Loyola University Maryland, Baltimore, MD,**  
Department of Pastoral Counseling,

***Dissertation Committee,***  
2011 - 2013



**MASTER**

**Southwestern College, Santa Fe, NM**  
Departments of Counseling Psychology; Art Therapy

*Sandplay and Sand Tray Psychotherapies,  
Beginning Level & Second Level*  
2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009

*Archetypal Psychology,*  
2002, 2003, 2004, 2005

**John F. Kennedy University, Orinda, CA**  
Department of Graduate Studies in Professional  
Psychology

*Sandplay and Sand Tray Psychotherapies,*  
1996, 1997, 1998, 1999, 2000