

Alexander John Shaia, PhD
Email: rosa@quadratos.com
Web: www.quadratos.org
Phone: (+1) 404.913.0564

CURRICULUM VITAE

EDUCATION

Ph.D., Clinical Psychology, California Institute of Integral Studies, San Francisco, CA, 1991

Graduate Certificate, Pastoral Psychotherapy, University of Puget Sound, Tacoma, WA, 1982

Master of Religious Education, Seattle University, Seattle, WA, 1981

M.A., Counseling Education, University of Alabama in Birmingham, Birmingham, AL, 1976

B.A., Cultural Anthropology, University of Notre Dame du lac, Notre Dame, IN, 1974

Jungian and Sandplay Studies, 1973 - Current; month intensive with Dora M. Kalff – Jungian analyst & originator of Sandplay, Zollikon, Switzerland, August 1989

Psychosynthesis Certificate, Psychosynthesis Training Institute, San Francisco, CA, Two year training, 1986-1988

LICENSE

Professional Mental Health Counselor
New Mexico LPC # 0075951, 2002-Current

New Mexico Continuing Education Provider,
077681, 2004-2010

Marriage and Family Therapist,
California MFT #29273; 1992-2003 active;
2003-inactive

California Continuing Education Provider,
PCE #1164; 1998-2002

EXPERIENCE

Keynote Address, Episcopal Clergy Retreat, Diocese of California, 2014; New Zealand, Spiritual Directors National Conference, 2011; Australia Spiritual Directors National Conference 2011; Episcopal Clergy Retreat, Diocese of Maryland, 2010; Spiritual Directors International, International Conference, 2010; Sandplay Therapists of America, National Conference, 2008; American Art Therapy Association, International Conference, 2007

The Shift Network, “Four Paths of Transformation” Jan-March 2022; “The 13 Days of Celtic Christmas” Nov-Dec 2022.

Retreat/Conference Presenter worldwide, 1976-Current

Camino & Pilgrimage Mentor, 2015-Current

Psychotherapist, private practice, 1982-2011

Consultant/Supervisor, psychotherapy, 1993-Current

Spiritual Director, 1978-Current

Consultant for Spiritual Directors, 1992 – Current

Gateway to Oneness: Reimagining Us as Christians, composed text of Cosmic Easter, chant and rituals; prepare presiding team and assembly, lead eight-day retreat, United States, Spain, New Zealand, Australia, 1986-Current

Quadratos Seasonal Community, formed and led communities in New Zealand 2014-2015; Australia, 2015 – Current

Blue Door Retreat, Santa Fe, NM, led twice weekly Lectio Divina meditation communities, 2001- 2010; co-led annual Late Winter Myth Seminar, 2005-2011

Commencement Address, Southwestern College, 2003

Adjunct Faculty, The Living Well Center, Melbourne, Australia; Mercy Spirituality Centre, Auckland, NZ; School of Spiritual Direction Pecos Benedictine Monastery, Pecos, NM; Canossian Sabbatical Program, Albuquerque, NM; Sangre de Cristo Sabbatical Program, Tesuque, NM; University of San Francisco, San Francisco, CA; Institute of Imaginal Studies, Petaluma, CA;

EXPERIENCE

Adjunct Faculty John F. Kennedy University, Orinda, CA; California Institute of Integral Studies, San Francisco, CA, Pacific Graduate Institute, Santa Barbara, CA; Southwestern College, Santa Fe, NM; College of Santa Fe, Santa Fe, NM, 1988-2010

Liturgist, *Presider of Marriages & Funerals*, 1986-current; *La Casa de Maria Retreat Center*, Montecito, CA, 2006-2010; *Blue Door Retreat*, Santa Fe, NM, 2001-2010; *Christ the King Passionist Retreat Center*, Citrus Heights, CA, 1997-2000

Spiritual Life Institute, Sacramento, CA, Faculty and Ritualist, led a weekly, year-long, small community reflection/prayer using Sunday lectionary, 1997-2000

Deaconate Formation, Diocese of Sacramento, CA, Faculty, Sacramental/Initiatory Theology, Cultural/Ethnic Diversity, Pastoral Counseling, 1998-2000

Conference Committee/Chair, *Third Annual Sandplay Intensive*, 1999; *Fourth National Conference of Sandplay Therapists of America*, 1997; *On the Masculine*, (International psychological conference addressing new aspects of masculine development) 1994

Director of Adult Education/Initiation, Diocese of San Bernardino CA, 1978-1980; Parishes: St. Peter, Birmingham, AL; St. Francis, Seattle, WA; St. Luke, Seattle, WA; St. Anselm, Madisonville, LA; St. Leander, San Leandro, CA, 1976-1988

Clinical Intern, Center for Special Problems, Forensic Agency, San Francisco County, CA, 1988-1989

Chaplain Intern, San Francisco General Hospital, AIDS Ward, San Francisco, CA, 1988

Straling Leadership Institute, Founding Board Member and Faculty, Diocese of San Bernardino, CA, 1978-1980

ASSOCIATIONS

International Society for Sandplay Therapy,
Certified Sandplay Therapist & Teaching Member, 1993-Current

Sandplay Therapists of America, *Certified Sandplay Therapist
& Teaching Member, 1993-Current; Board of Directors, 1996-
1998*

Spiritual Directors International, *Member,*
1994-2016

Northern California Sandplay Society, *Founding
Member 1990-2000; President, 1995-1997*

***California Association of Marriage and Family
Therapists,*** *Clinical Member, 1992-2004*

QUALIFICATIONS

*Founder & Animator of Quadratos – term and concept of a universal,
sequential and ever repeating cycle of four paths comprising the journey of
spirit and transformation described by spiritual traditions and schools of
psychology*

*Internationally recognized presenter: integrating spirituality, spiritual
practice, creativity, art and depth psychology*

*Master teacher: scripture, ritual, pilgrimage, spiritual journey,
meditation, prayer, creativity, Sandplay and Jungian psychology*

*Specialist in psycho-mythic bases of liturgy and ritual, including
initiatory rites, rites of passage and community transformation*

BROADCASTS

Weekly Gospel Reflection & Prayer via Zoom, May 2020
- current

The Hidden Power of the Gospels, interview with Justine
Willis & Michael Toms, *New Dimensions Radio,* June 2010

Beyond the Gospels, Jesus Re-visited, interview with
Michael Toms, *New Dimensions Radio,* June 2007

As You Think, *The Catholic Channel,* Sirius Satellite Radio,
Channel 159, monthly hour-long conversation with host, Fr.
Paul Keenan, 2007-2008

On the Gospels, *KSMH, AM 1620,* Sacramento,
CA, weekly half-hour program, 2000–2002

PODCASTS

www.quadratos.org/interviews/ (for complete list)

Robcast, hour-long conversations with Rob Bell, December 2019, December 2018, December 2017, January 2017, December 2015, September 2015 & May 2015

You Made It Weird, hour conversation with Pete Holmes, June 17, 2015

The Deconstructionists, November 2019, December 2017, March 2017, July 2016, March 2016

The All Terrain, April 2020, February 2020, January 2020

Nomad, August 2019

WEBCASTS

Quadratos Gospel Reflection & Prayer, Weekly Hour via Zoom and by recording, with Annie Sempill by subscription, April 2020 – current.

The Hidden Power of the Gospels, hour interview with Deryl Davis, *The Sunday Forum*, National Cathedral, DC, February 2010 (live broadcast, available online)

Beyond the Biography of Jesus, hour interview with dean and author Alan Jones, *The Forum*, Grace Cathedral, San Francisco, CA, March 2008 (live broadcast, available online)

BOOKS

www.quadratos.org/books/

Radical Transformation: The Four-Gospel Journey of Heart and Mind, hardback with Michelle Gaugy (collaborator), Shaia-Sophia House Publishing, 2020, available only through quadratos.org

Heart and Mind: The Four-Gospel Journey for Radical Transformation, Third Edition, (paperback & Kindle) with Michelle Gaugy (collaborator), Amazon 2021

Heart and Mind Circle: Convener Text, 2023
available through quadratos.org

BOOKS

The 13 Days of Christmas, Celebrating the Wonder & Awe of Birth, TBA 2024

Returning From Camino, 2nd Edition, English Print & Kindle, Amazon 2018; Spanish, German Print, Amazon 2018

Heart and Mind: The Four-Gospel Journey for Radical Transformation, with Michelle Gaugy (collaborator), Morning Star Publishing, Melbourne, AU, 2013

The Hidden Power of the Gospels: Four Questions, Four Paths, One Journey, with Michelle Gaugy (collaborator), HarperOne, San Francisco, CA, 2010

Beyond the Biography of Jesus: The Journey of Quadratos, Book II, Cold Tree Press, Nashville, TN, 2008

Beyond the Biography of Jesus: The Journey of Quadratos, Book I, Cold Tree Press, Nashville, TN, 2006

Images in the Sand: The Initial Sandworlds of Men Molested as Children. Dissertation. *California Institute of Integral Studies*, San Francisco, CA, September, 1991

FILM

The Four-Gospel Journey, Six Film Set, produced by Alexander John Shaia & The Work of The People, 2019
www.quadratos.org/alexander-john/film-and-videos/

PUBLICATIONS

www.quadratos.org/books/

Gateway to Oneness: The 72 Hours of Easter for All Creation, 2023 available through
www.quadratos.org/communities/easter/

The Four-Gospel Journey as A Guide for the Spiritual Life. *Now You Know Media*, CD/Mp3 audio course, August 2010

PUBLICATIONS

Sandplay in Spiritual Direction: Beyond Insight and Centering. *Presence: The Journal of Spiritual Directors International, Vol. IX, Number 2, June 2002*

Sandplay's Unitive View. *Journal of Sandplay Therapy, Vol. X, Number 2, 2001*

Jungian Theory for Sandplay Therapists. *Northern California Sandplay Society Newsletter, Winter 1997*

A Change in Season: The Renewed Masculine. *Journal of Sandplay Therapy, Vol. IV, Number 1, Winter 1994*

Beyond Words: Soul Making in the Sand. *Recovering Life, Vol. V, No.7, Palm Desert, CA, July 1994*

Soul Making, Power and the Sand. *Power and Love: Articles from the Fourth Annual Professional Conference for New Directions in Male Psychology, Spring 1994*

You Have Already Volunteered. (Baptismal Spirituality), *Credence Cassettes, Kansas City, MO, 1992*

The Cry of Lent, Make Us One. (Spirituality of the Great 100 Days), *Credence Cassettes, Kansas City, MO, 1992*

The Masculine Arising? *Northern California Sandplay Society Newsletter, Summer 1992*

When Men Are Missing. *Northern California Sandplay Society Newsletter, Spring 1992*

Images in the Sand: The Initial Sandworlds of Men Molested as Children. Dissertation. *California Institute of Integral Studies, San Francisco, CA, September, 1991*

A Triduum Retreat. *Today's Parish. January, 1988*

Breaking Open The Word of God, Cycle B. Contributing author. *Paulist Press, 1987*

Once Upon a Lent. *Christian Initiation Resources, Vol. 1.* Contributing author. *Sadlier Publishers, 1981*

GRADUATE TEACHING

DOCTORAL

Institute of Imaginal Studies, Petaluma, CA
Department of Clinical Psychology

Psychology and Religion,
1997, 1998, 1999, 2000

Sandplay Psychotherapy I,
1998, 1999, 2000

Sandplay Psychotherapy II,
1999, 2000

Craft of Psychotherapy III, Counter-transference
1996

California Institute of Integral Studies, San Francisco, CA,
Departments of Clinical Psychology; Psychology and Religion

Dissertation Committees,
1997 - 2000

Pacifica Graduate Institute, Santa Barbara, CA
Departments of Clinical Psychology; Mythological Studies

Dissertation Committees,
2003—2005, 2014—2015

Loyola University Maryland, Baltimore, MD,
Department of Pastoral Counseling,

Dissertation Committee,
2011 - 2013

MASTER

Southwestern College, Santa Fe, NM
Departments of Counseling Psychology; Art Therapy

*Sandplay and Sand Tray Psychotherapies,
Beginning Level & Second Level*

2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009

Archetypal Psychology,

2002, 2003, 2004, 2005

John F. Kennedy University, Orinda, CA
Department of Graduate Studies in Professional
Psychology

Sandplay and Sand Tray Psychotherapies,

1996, 1997, 1998, 1999, 2000