



# The Four-Gospel Journey

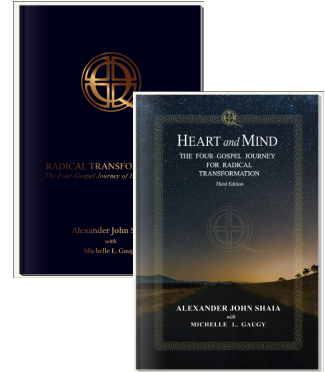
## A Faith-Formation Program

### Eleven Gatherings

based on the book

**Heart and Mind** and/or **Radical Transformation**

by Alexander John Shaia



Now each gospel answers one of life's four great questions.

Matthew    How do we face change?

Mark        How do we move through suffering?

John        How do we receive joy?

Luke        How do we mature in service?

To discuss using this program or to speak with a current  
facilitator, contact: [hello@Quadratos.org](mailto:hello@Quadratos.org)

For more information about The **FOUR-GOSPEL JOURNEY** and  
Alexander John Shaia visit: [www.Quadratos.org](http://www.Quadratos.org)

View an intro film at

<https://vimeo.com/ondemand/thefourgospeljourney>

# Eleven Gatherings

In Freedom & Safety & The Four-Gospel Journey

Film #1\* - *Preparing Heart and Mind for The Journey*

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|---|----------------------------------|---------|----------|
| 1 | ● How Do We Face Change?         | Matthew | 1st Path |
|   | ● How Do We Move Through Trials? | Mark    | 2nd Path |
|   | ● How Do We Receive Joy?         | John    | 3rd Path |
|   | ● How Do We Mature in Service?   | Luke    | 4th Path |

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2 Paul's Gift - The Great Name:  
Jesus the Christ / Yeshua the Christos

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3 Lost Temples & Gospel of Matthew:  
Film #2\* - Waking & Facing Change

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4 Joseph's Crisis & Emmanuel With Us

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5 Holocaust in Rome & Gospel of Mark:  
Film #3\* - Moving Through Trials

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6 Stilling the Storm & Psalm 22

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7 Contentious Ephesus & Gospel of John:  
Film #4\* - Receiving the Gift

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8 John's Prologue

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9 Illegal in the Empire & Gospel of Luke:  
Film #5\* - Maturing through Service

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10 Mary's Prayer: All Shall Be Well

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11 Essential & Continuing Practices  
Film #6\* - The Essential Practice

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12 (*Optional Bonus*) with Alexander John (45 minute Zoom)

- Each gathering has a complete script designed for a facilitator to easily follow.
- Each gathering is 50 to 90 minutes – according to your community's needs and the number of participants.
- An online link (at no additional cost) is provided for each film. The six films are [a series co-produced by Quadratos LLC & The Work of The People](#).

# How to Acquire the Program

## [Step 1] Fill out the Registration Form:

- Go to the Quadratos website, click the tab Communities then select [The Four-Gospel Journey](#)
- Use the *Register* button to locate the form or click this [Registration Form](#) link

## [Step 2] Make the initial payment of \$100 US:

- Go to the Quadratos website, click the tab Communities then select [The Four-Gospel Journey](#)
- [Use the \\$100 Add to Cart payment option.](#)
- Within a business day, you will receive an email containing an attachment with the script and video links for the first three gatherings.
- The script will be sent to the facilitator's email address provided on your Registration Form.

### Special Offer Before February 2025

The \$100 is deducted from the second payment for any community or church starting this program by 1 February 2025.

## [Step 3] Choose Your Option:

- The second payment is \$50 US/per participant\*.  
You may wish participants to pay the complete fee; or the community to pay the complete fee; or to split the cost between the community and each participant.
- Or contact Quadratos to discuss a workable contribution for your community and participants.

*\*This does not include Facilitator/s.*

#### **[Step 4] Transferring Monies to Quadratos LLC:**

If participants are contributing to the cost they would give their contribution to the community or designated person. Then, the community or designated person transfers all monies in one sum to Quadratos LLC.

**Special:** Deduct \$100 from your total if starting by Feb. 2025.

Payment can be made in one of two ways:

- Go to the Quadratos website, click the tab Communities then select [The Four-Gospel Journey](#)
  - [Use the Add to Cart payment option](#) and ensure you include the community name as part of the payment description
- Write a check (US bank only). On the memo line please write 'Four-Gospel Journey Program' and include your community name, make the check payable to Quadratos LLC and mail to:

Quadratos LLC  
1000 Cordova Place #459  
Santa Fe, New Mexico 87505

#### **[Step 5] Purchase a Book:**

Each participant purchases one copy of the book for personal use or to gift another. Or a community may wish to purchase a copy of the book for each participant. Choice of paperback or hardcover is to your preference.

We do ask each facilitator to purchase a copy of the book for themselves or to gift another.

# At The Conclusion

At the conclusion of the program - participants will be invited:

- to consider joining the Weekly Gospel Reflection and/or a Heart and Mind Circle.
- to make a donation to further the work of Quadratos.

The Quadratos Foundation is a (501c3) not-for-profit educational organization in the USA and as of 1 January 2025 will be able to receive tax deductible donations.

# Frequent Questions

- ***What's required to be a facilitator?***

The program is intended to be an introduction to The Four-Gospel Journey. As a result, a facilitator does not need to have any knowledge of the material or Alexander John's books before offering the program.

In general, a facilitator needs to be comfortable leading a group, following a script, asking contemplative questions, etc.

- ***May participants watch the films on their own time outside of a gathering?***

It is intended that the films be viewed in a communal setting.

However, a facilitator has access to all six films for the duration of the 11 gatherings and could offer 'showings' outside of a scheduled gathering. For example, participants might wish to gather, re-watch a film, and discuss outside a regular gathering.

Links to the films are released only to a facilitator. A facilitator is asked not to share this link with others.

In each gathering's script, a facilitator will see the suggested portion of a particular film to show.

- ***How long should each gathering be?***

The program is designed so that each gathering might be as brief as 50 minutes or as long as 90. The length depends on the number of participants and your community's time needs.

- ***What number of participants do you suggest for a group?***

The number depends upon the comfort level of the facilitator. The minimum is two and there is no maximum number.

Facilitators may schedule a 30-minute call with Alexander John to discuss any issues, including how to structure a Gathering with your number of participants, i.e. the amount of time needed for five is far different than forty.

- ***How do I purchase a copy of the book?***

There are 2 options:

The [paperback version](#), *Heart and Mind: The Four-Gospel Journey for Radical Transformation*, is available worldwide English, only through Amazon. Please check your country's Amazon website.

The [hard-cover version](#), *Radical Transformation: The Four-Gospel Journey of Heart and Mind*, is only available through the website: [www.Quadratos.org](http://www.Quadratos.org)

It is to each participant to decide if they prefer paperback or hardback. The text and pagination are identical. The differing titles only indicate how the book is bound.

- ***Is it OK for this program to be in-person, on-line and/or a hybrid of in-person and online?***

If your community and the facilitator/s have both the facilities and tech ability - this program can be totally in-person - totally online - or a simultaneous hybrid of the two.

What is important is that all participants are present together at the same time - even if some are in-person, while others are online. In this way, we are fostering the development of community. As a normal course - we do not encourage solo individuals doing this program. Having said this, there are always extenuating circumstances. Let's talk.